## THE INKIN THE WELL VEGETARIAN/VEGAN MENU

(5 - 10pm)

Small Plates / Grazing	
Bar nuts Bento Box (Ve) — spicy cashews, Japanese crackers, corn chips	£6
Lemon Hummus (Ve) — wild fermented sourdough	£5
Salt Roasted Beetroot (Ve) – chicory, orange gelée, Gewurtztraminer vin, hazelnut	£6
Crispy Brussels Sprouts (Ve) – maple + cider gastrique	£6
Marrowfat Pea Fritters (Ve) – tartare sauce, truffle herb salad	£6
Butterbean Falafel (Ve) – pickled chilli, chimichurri	£5
Carrot + Celeriac Soup (Ve) — wild sourdough + black garlic oil	£5
Chunky Chips + Dips (Ve)	£5
Wild Fermented Sourdough (Ve) – black garlic oil, queen olives	£5
Sharing Boards	
Antipasti (Ve)	£12
falafel, queen olives, lemon hummus, heritage carrots, marrowfat pea fritter + sourdough	
Local Cheese Plate (V)	£9
English cheese, seasonal jam, queen olives, house pickles, sourdough + Cornish butter	
Pub Plates	
Cauliflower Steak (Ve) – madras, coconut, Bombay potato, seeds	£11
Falafel Burger (Ve) – vegan brioche, avocado, green leaf, heritage tomato + chips	£10
Beluga Lentil Lasagne (V) – black garlic oil, sourdough	£10
Superfood Salad Bowl (Ve) - quinoa, blueberry, tender-stem, pecan, goji, greens	£11
Hummus + Beetroot Flatbread (Ve) – rocket, orange vin, hazelnut	£6
Cask Ale Rarebit (V) – house pickles, onion marmalade	£6
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## Our commitment to doing it right:

- 1. To source our products within a 50 mile radius 4. Natural, organic & vegan wine
- 2. No use of air freight or heated greenhouses
- 3. Over 80% of the ingredients certified
- 5. Fairtrade tea & coffee
- 6. Cask ales from local brewers

Please let your server know if you have any dietary requirements, due to the processes of our kitchen we cannot 100% guarantee a dish is completely allergen free.